



# ROMANTIC RELATIONSHIPS

What does the Youths' Romantic Relationships Survey have to say? (2015 - Number 1 of 4)

## TRUE OR FALSE?

In the 2<sup>nd</sup> cycle of high school, **not all** youths have been in a romantic relationship.

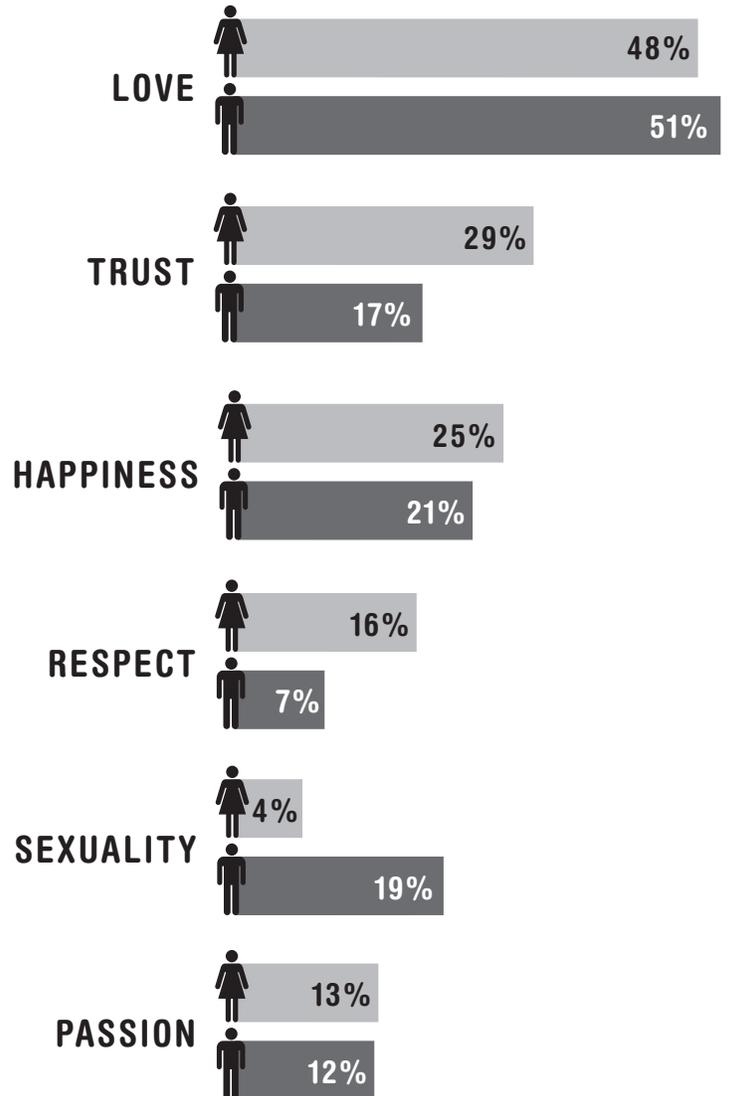
↳ **TRUE**

1 out of 4 youth **has not yet experienced** his or her first romantic relationship.

### YOUTHS WHO HAVE NEVER BEEN IN A ROMANTIC RELATIONSHIP



### WORDS USED TO DESCRIBE THE GREATEST MOMENT YOUTHS HAVE EXPERIENCED OR WOULD LIKE TO EXPERIENCE IN A ROMANTIC RELATIONSHIP



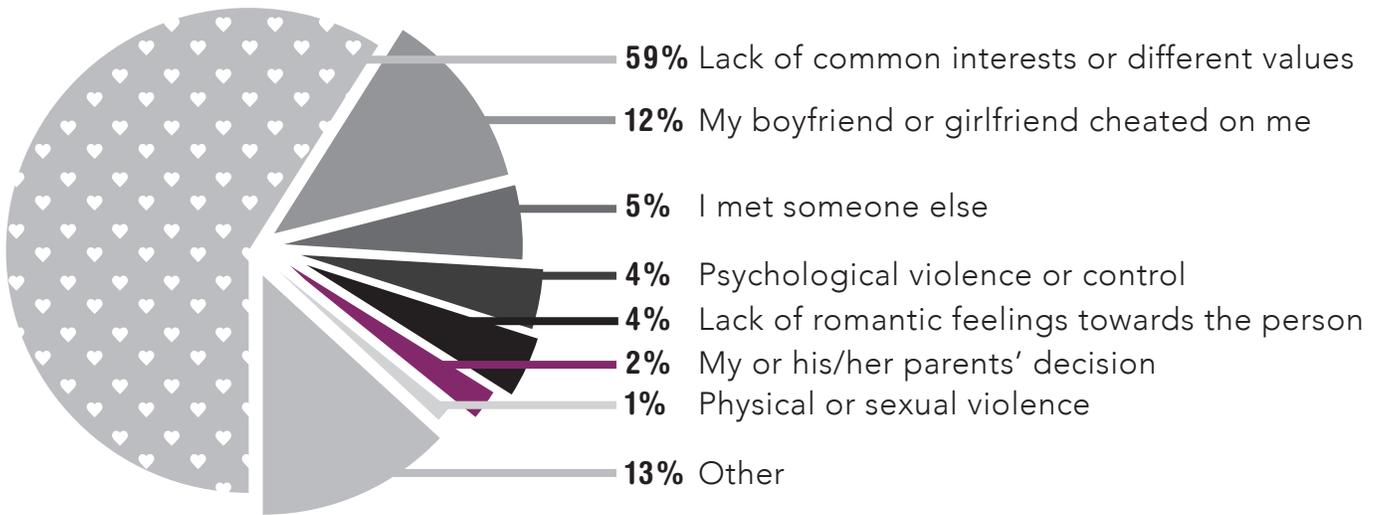
The Youths' Romantic Relationships (YRR) Survey is a study conducted in Quebec between 2011 and 2014 among 2<sup>nd</sup> cycle high school youth ages 14-18 years. A total of 8194 youths completed the questionnaire at least once. The study is led by Martine Hébert, Ph.D., and funded by the Canadian Institutes for Health Research (CIHR #103944).

# BREAKUPS



42% of youths in couples experienced a breakup in the past 6 months.

## ...AND WHY DO WE BREAK UP?



# SUPPORT AND ENCOURAGEMENT

Among youths in couples during the past year...

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say that they **often encouraged the other** to pursue their goals and future plans.

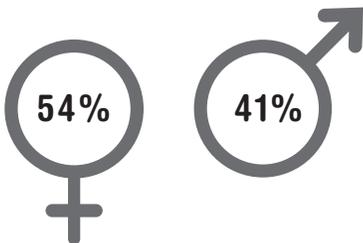
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say that they often **turned to the other** or that **the other turned to them** when they were worried or in need of support.

## TALKING TO FIND SOLUTIONS

During a conflict or an argument that occurred in the past six months



said that they **tried talking** to the other in order to find a solution.

There is no normal or ideal age to experience one's first romantic relationship. There exists a diversity of pathways that lead to relationships and different ways to invest in them. Everyone's experience is unique and so is yours.

You want to talk about a situation that is worrying you?  
**You can reach**

**TEL-JEUNES**  
www.teljeunes.com  
1 800 263-2266

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