



Youths' Romantic Relationships

LOVE WITHOUT VIOLENCE: I LIKE IT!

VULNERABILITY, SUPPORT, AND RESILIENCE

What does the Youths' Romantic Relationships Survey have to say? (2015 - Number 4 of 4)

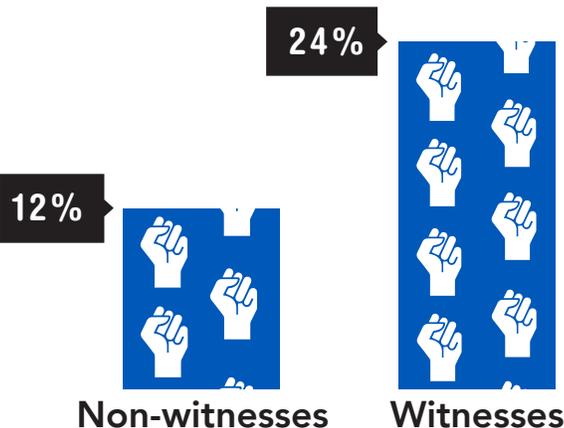
TRUE OR FALSE?

Witnesses of physical violence between their parents **inflict more** on their partner **compared** to those who haven't witnessed any.

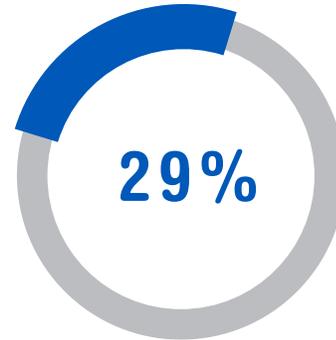
↳ **TRUE**

Twice as many youths who witnessed physical violence between their parents **inflicted* such violence on their partner.** (*during the past year)

PHYSICAL VIOLENCE INFLICTED BY YOUTHS IN COUPLES DURING THE PAST YEAR



Among youths who were sexually abused during childhood



have experienced* sexual violence from their partner. (* during the past year)

EXCEPT THAT...

It **does not** mean that **all** witnesses or victims of violence during childhood will experience violence in their romantic relationships.

Certain youths are more **vulnerable** and others more **resilient.**

The Youths' Romantic Relationships (YRR) Survey is a study conducted in Quebec between 2011 and 2014 among 2nd cycle high school youth ages 14-18 years. A total of 8194 youths completed the questionnaire at least once. The study is led by Martine Hébert, Ph.D., and funded by the Canadian Institutes for Health Research (CIHR #103944).

FEELING ABLE TO PUT AN END TO A DIFFICULT SITUATION



: 8 / 10

: **could break up** with their boyfriend or girlfriend if they **insulted them all the time.**



: 9 / 10

: **could say no to a sexual activity** that they're not comfortable with.

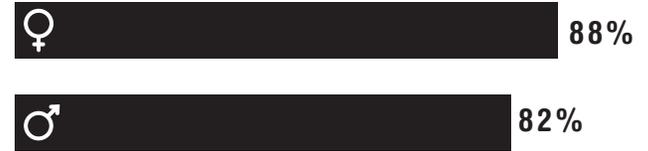
FEELING ABLE TO ASK FOR OR OFFER SUPPORT TO A FRIEND



feel capable of **telling someone they trust** that they're being abused by their boyfriend or girlfriend.



feel capable of **doing something to help** a person who is being hit by their boyfriend or girlfriend.



RESILIENCE



The word «resilience» refers to a person's ability to overcome a major difficulty using their own personal strengths and support from their social environment.

If someone confides in you that they're living a difficult situation or that they're experiencing violence in their relationship, listen closely because you and many organizations can help them. If you are experiencing such a situation, confide in someone you trust. Talking about it and seeking support is a strength since it's the first step towards resilience.



You want to talk about a situation that is worrying you?
You can reach

TEL-JEUNES
www.teljeunes.com
1 800 263-2266

Pour citer ce document

Lavoie, F., Hébert, M., Poitras, M., Blais, M., and the YRR Team. (2015). Vulnerability, support, and resilience. Thematic fact-sheet number 4, YRR Survey Knowledge Transfer Campaign. Montreal: Université du Québec à Montréal.

To know more: www.paj.uqam.ca